

February 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Yellow highlights indicates these programs are offered at the Bayshore CC</p>					1 10:00am Pepper Lessons 7:00pm Play Reading Group	2
3 1:30pm Progressive Pepper	4 10:30am Gentle Fit 12:15pm Billiards & Snooker 12:30pm Progressive Bridge 1:00pm Shuffleboard 1:00pm Georgian Bay Lacemakers 7:00pm O.S Duplicate Bridge	5 12:15pm Billiards & Snooker 12:30pm Progressive Bridge 7:00pm Community Meditation	6 10:30am Seated Gentle Fit 12:15pm Billiards & Snooker 1:00pm O.S. Duplicate Bridge 7:00pm Progressive Pepper	7 10:30am Gentle Dance Fit 1:00pm Acrylic Art 7:00pm Knox Duplicate Bridge	8 12:00pm Sew Be It	9
10 1:30pm Progressive Pepper	11 10:30am Gentle Fit 12:15pm Billiards & Snooker 12:30pm Progressive Bridge 1:00pm Shuffleboard 1:00pm Georgian Bay Lacemakers 7:00pm O.S Duplicate Bridge	12 12:15pm Billiards & Snooker 12:30pm Progressive Bridge 1:30pm Arts & Crafts 7:00pm Community Meditation	13 10:30am Seated Gentle Fit 12:15pm Billiards & Snooker 1:00pm O.S. Duplicate Bridge 7:00pm Progressive Pepper	14 10:30am Gentle Dance Fit 7:00pm Knox Duplicate Bridge 	15 10:00am Pepper Lessons	16
17 1:30pm Progressive Pepper	18 12:15pm Billiards & Snooker 12:30pm Progressive Bridge 1:00pm Shuffleboard 1:00pm Georgian Bay Lacemakers 7:00pm O.S Duplicate Bridge 	19 12:15pm Billiards & Snooker 12:30pm Progressive Bridge 7:00pm Community Meditation	20 10:30am Seated Gentle Fit 12:15pm Billiards & Snooker 1:00pm O.S. Duplicate Bridge 7:00pm Progressive Pepper	21 10:30am Gentle Dance Fit 1:00pm Acrylic Art 7:00pm Knox Duplicate Bridge	22 10:00am Pepper Lessons 11:00 Birthday Club 12:00pm Sew Be It 	23
24 1:30pm Progressive Pepper 4:30pm English Country Dancers	25 10:30am Gentle Fit 12:15pm Billiards & Snooker 12:30pm Progressive Bridge 1:00pm Shuffleboard 1:00pm Georgian Bay Lacemakers 7:00pm O.S Duplicate Bridge	26 12:15pm Billiards & Snooker 12:30pm Progressive Bridge 1:30pm Arts & Crafts 7:00pm Community Meditation	27 10:30am Seated Gentle Fit 12:15pm Billiards & Snooker 1:00pm O.S. Duplicate Bridge 7:00pm Progressive Pepper	28 10:30am Gentle Dance Fit 7:00pm Knox Duplicate Bridge		

More About Our Programs Focus on "Arts and Crafts"

Arts and Crafts Tuesdays – 2nd and 4th Tuesday of each month starting at 1:30 pm This group is an informal, non-instructional group that gathers together to learn from each other, no matter the skill level. Art serves as a way to explore, express yourself, and have fun at the same time. Our artists and crafters gather together to learn, share and socialize. This can include drawing, beading, jewelry making, weaving or painting (no oils please). Just bring whatever you're working on!

Acrylic Art Classes 1st, 3rd and 5th (if applicable) Thursday of every month starting at 1 pm Price: \$8.00 per members \$10.00 per non-member Did you know that the fastest growing segment of our society, the 55 plus age group, is discovering art? Unlock the artist within you! Lois Urstadt is a self-taught artist who shares her love for creating with students in a way that allows them to discover their ability in a fun, relaxing, and interactive way. All skill levels welcome!

Georgian Bay Lace Makers Mondays; Starting at 1 pm When you see a skilled bobbin lace maker working with dozens of bobbins to make an intricate lace pattern, it seems impossibly difficult. Don't be intimidated! The basic stitches are easy to learn. If you are curious and would like to see bobbin lace being made in the traditional way, come to a meeting and give it a try! New members are welcome! You don't need to know how to make bobbin lace in order to join, we will teach you!

Sew Be It 2nd and 4th Friday of every month starting at 12:00 noon Bring along your knitting, sewing, crocheting and enjoying a fun afternoon. These folks know how to multi-task (have fun, talk, share their talents and do crafts all at the same time!).



Watch for more details



Coffee and Chat is getting a new look in 2019 - Come out and enjoy an informal coffee and chat on topics that matter to you. 2019 topics will be available soon!



Bus trips - Do you like day excursions and don't like to drive? Leave the driving, planning & organizing to us. Watch for the 2019 schedule!



We have various committees, all of which are open any active members of the ALC. This is an excellent way for you to be more involved, share your ideas and have your voice heard. For more information, contact the Office

Upcoming Events!



Starting In January! On the last Friday of the month, ALC will be inviting and celebrating with birthday cake and coffee for those members celebrated that month... all members are welcome



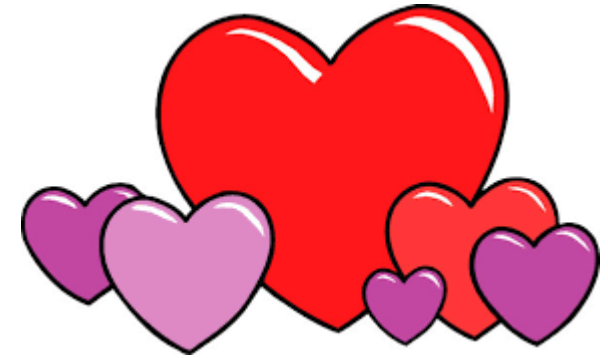
Watch for details on May's ALC Yard Sale!



McQuay Tannery Building 1852 3rd Avenue East
OWEN SOUND ON N4K 2M6
519-376-8304 | mail.alscgb@gmail.com | www.alscgb.ca



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Roses are Red
Violets are Blue
The Calendar is Full
We have lots to do!



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